

Step Into the Fight

DAY 1

SCRIPTURE

“The Spirit of the Lord God is upon me...to proclaim liberty to the captives, and the opening of the prison to those who are bound.” Isaiah 61:1

REFLECTION

You didn't end up here by accident. Addiction is an assassin – numbing your fire, blurring your call. But the Spirit of God wasn't sent to babysit your brokenness. He came to free it. Today, you start a real fight – not against your willpower, but with His Spirit. You're not rehabbing your life. You're resurrecting it.

PRAYER

God, I'm done running. I want your Spirit more than escape. Proclaim liberty over me – and don't whisper it. Roar.

ACTION STEP

Delete one contact, stash, or pathway to relapse. Block it. Bury it. This is war.



The Withdrawal is Not Defeat

DAY 2

SCRIPTURE

“My grace is sufficient for you, for my power is made perfect in weakness.” 2 Corinthians 12:9

REFLECTION

The shakes, the sweats, the cravings – they don’t mean you’re losing. They mean your flesh is throwing a fit while your spirit starts to rise. Weakness isn’t failure. It’s fuel for grace. Let it push you closer to the Cross, not deeper into the cave.

PRAYER

Jesus, this ache is real. But your power is greater. Be loud in my weakness

ACTION STEP

Text one brother and confess your withdrawal symptoms. Start replacing isolation with connection.



Burn the Backup Plans

DAY 3

SCRIPTURE

“Let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us.” Hebrews 12:1

REFLECTION

Relapse lives in your backup plans. The old stash. The silent contact. The excuse you keep tucked in your pocket for emergencies. Throw it off. Run light. When resurrection is calling, dead weight becomes disobedience.

PRAYER

I renounce my safety nets. Let me feel the burn of obedience.

ACTION STEP

Delete or destroy one hidden fallback. It's not just trash – it's a trap.



The Voice in the Fog

DAY 4

SCRIPTURE

“When you pass through the waters, I will be with you... when you walk through fire you shall not be burned, and the flame shall not consume you.” Isaiah 43:2

REFLECTION

Addiction fogs your mind, twists your thoughts, convinces you the voice of God went silent. That’s a lie. His voice isn’t volume – it’s presence. Whether in the haze or fire, He’s still walking with you. Speak even if you feel nothing.

PRAYER

Walk me through this fog. Help me hear – even if it’s just your footsteps.

ACTION STEP

Write out one scripture and tape it where you’ll see it during your weakest moments.



Drag the Shame to the Cross

DAY 5

SCRIPTURE

“Those who look to Him are radiant, and their faces shall never be ashamed.” Psalm 34:5

REFLECTION

Shame is a shadow – it only works when you look away from the light. Look back at Him, even if your eyes burn. Radiance doesn't come from perfection. It comes from proximity. Drag every dark memory to the Cross. None of them scare Jesus.

PRAYER

I see you, even with shame clinging to me. Make me radiant again.

ACTION STEP

Journal three things you feel ashamed of – and end each with “But I'm still His.”



The Middle is Holy Ground

DAY 6

SCRIPTURE

“Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own.” Philippians 3:12

REFLECTION

This isn't the first day. It's not the last day. It's the middle – the grind zone. And this middle matters. Heaven watches the endurance. Angels celebrate the stubborn prayers. God sanctifies the sweat. Don't quit when progress feels boring.

PRAYER

"Holy Spirit, re-fill me. Let me not glorify breakthroughs and ignore your work in the middle.

ACTION STEP

Say “thank you” for something small – a craving resisted, a prayer whispered, a trigger avoided.



Stay Dangerous

DAY 7

SCRIPTURE

“No weapon that is fashioned against you shall succeed...This is the heritage of the servants of the Lord”
Isaiah 54:17

REFLECTION

You made it to day 7 – but this is not the finish line. It’s the rearming station. You were dangerous once, but addiction dulled your edge. Now you’re sharpening again. You walk with spiritual steel. You belong on the battlefield. Stay dangerous.

PRAYER

Make me a weapon, not a statistic. Send me where the fight is loudest.

ACTION STEP

Pray for another man still trapped. Your breakthrough might become his rescue.

